

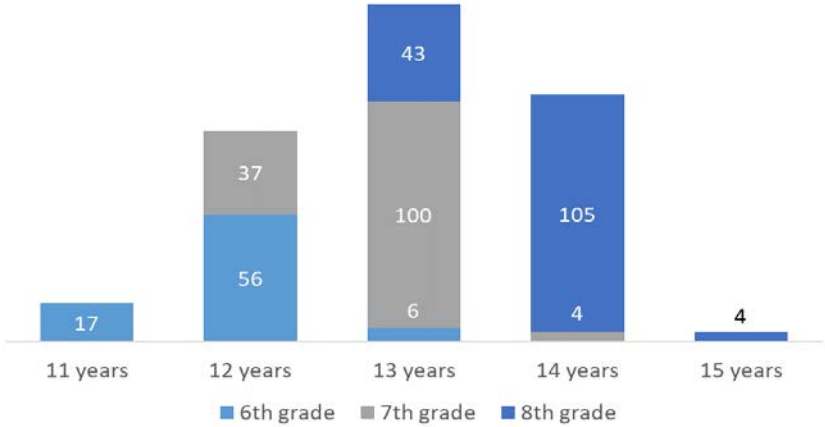
# 2021 Student Survey

Prepared by:  
Vicki Hart, PhD  
Hart Dataworks LLC

# Demographics

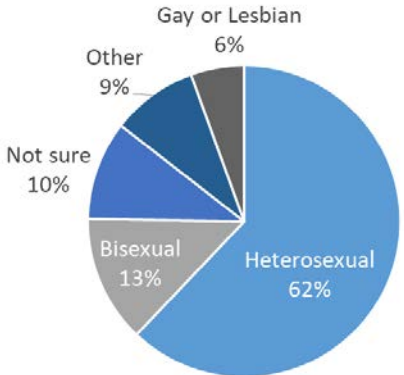
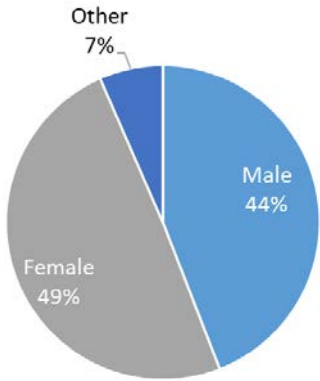
384 Students responded to the survey

## Age & Grade

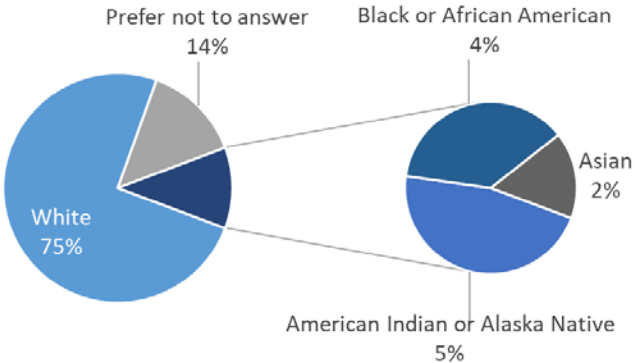


3 additional students identified as 18 years, one each in 7<sup>th</sup>, 8<sup>th</sup>, and 12<sup>th</sup> grades

## Gender identity & Sexual orientation



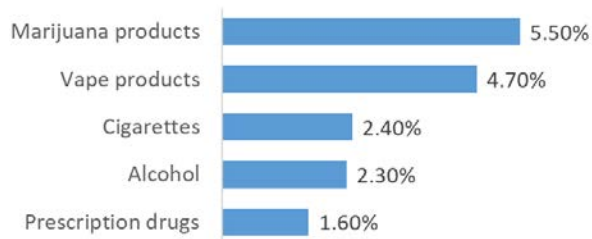
## Race & Ethnicity



349 students (92%) identified as non-Hispanic

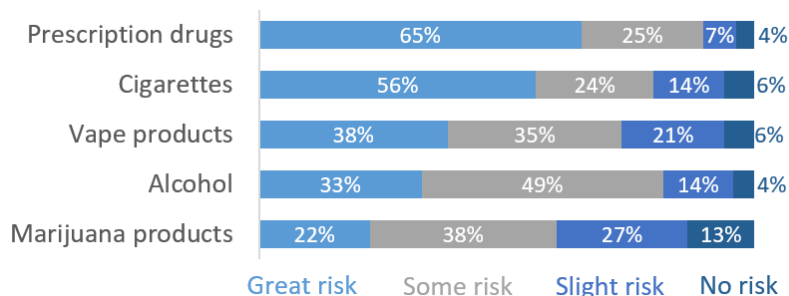
# Substance use

## Reported use in the past 30 days

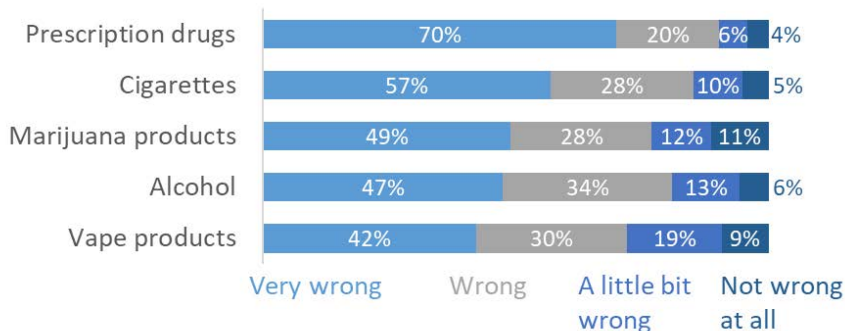


**Prescription drugs and cigarettes** are perceived as highest risk and most likely to be disapproved of

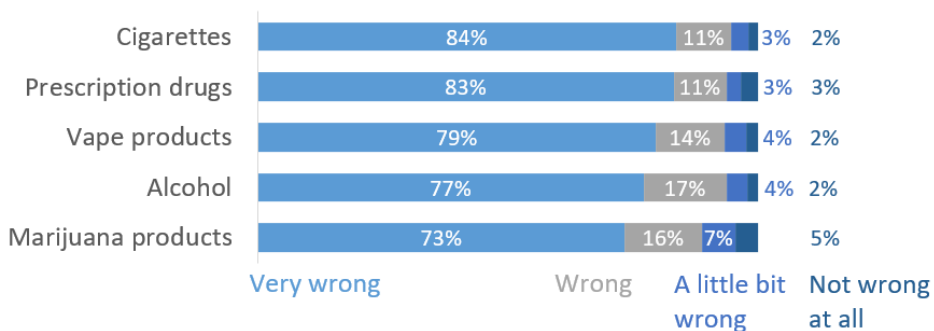
## Perception of risk of physical or other harm



## Peer disapproval - how wrong would your friends think it is to use:

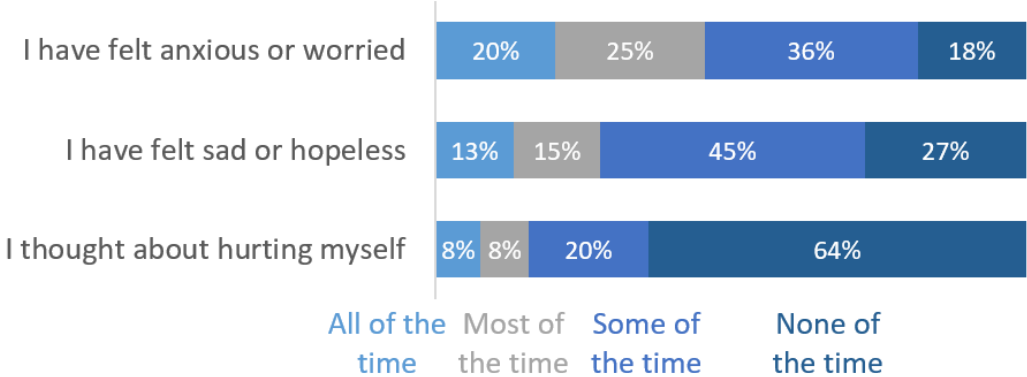


## Parental disapproval - how wrong would your parents think it is to use:

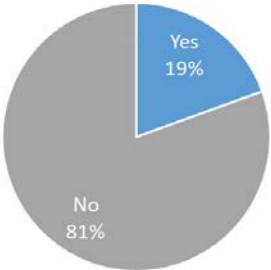


# Mental health

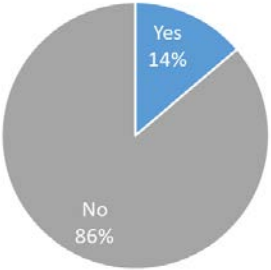
In the past year...



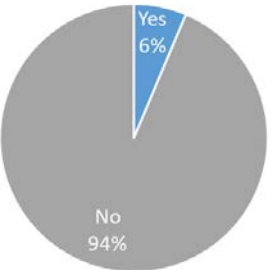
In the past year I hurt myself on purpose:



In the past year I made a suicide plan:

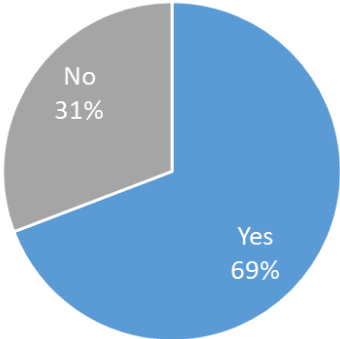


In the past year I attempted suicide:

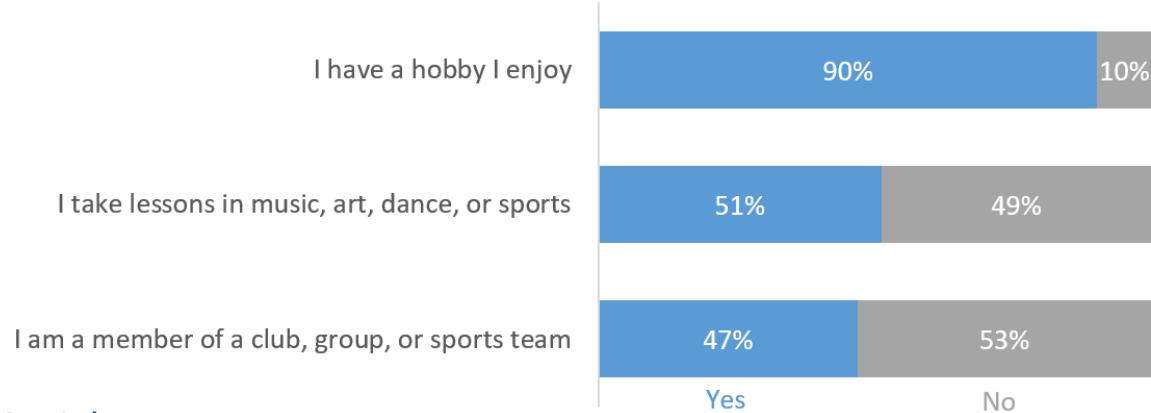


# Resiliency

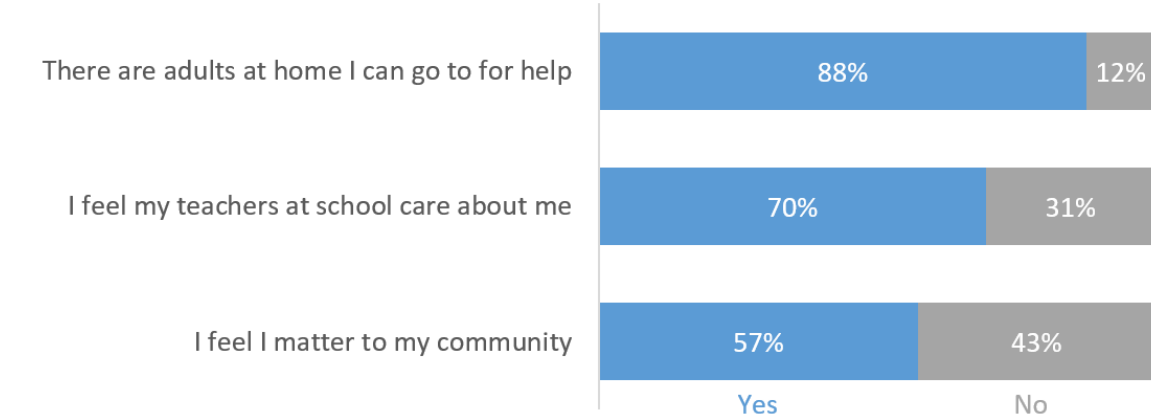
## I have healthy ways to manage stress and worry



## Engagement in other activities

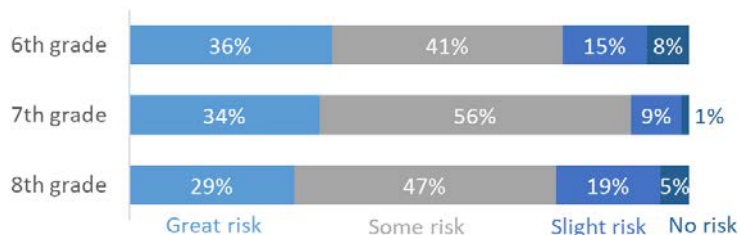


## Social supports



# Perceived risk of substance use by grade

## Alcohol

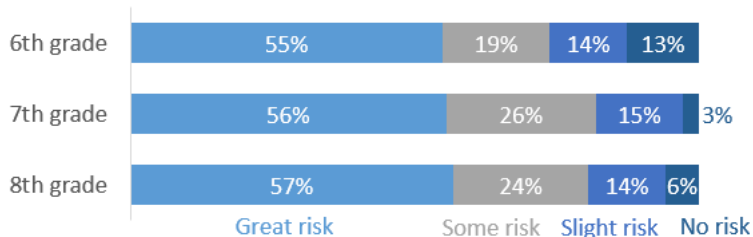


6<sup>th</sup> grade: 84 students

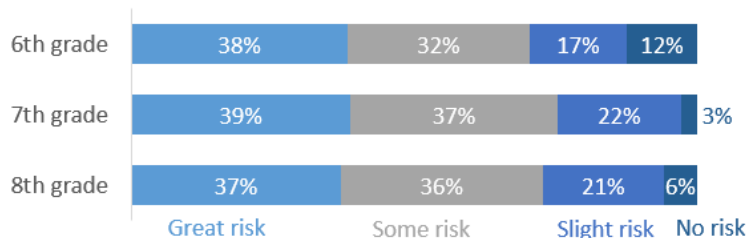
7<sup>th</sup> grade: 145 students

8<sup>th</sup> grade: 156 students

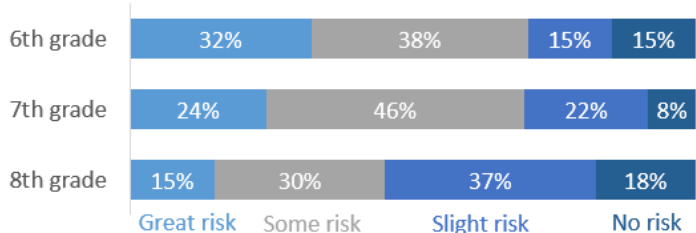
## Cigarettes



## Vape products

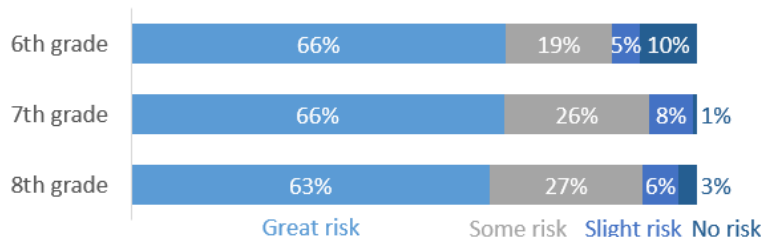


## Marijuana products



Perceptions of risk are similar between grades with the exception of marijuana products

## Prescription drugs



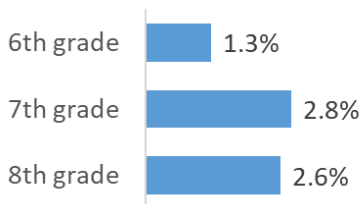
# 30-day substance use by grade

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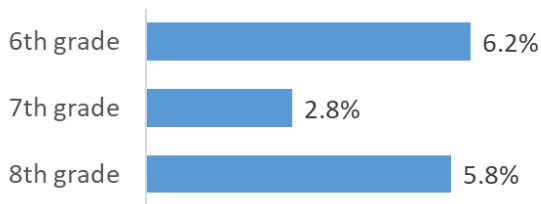
## Alcohol



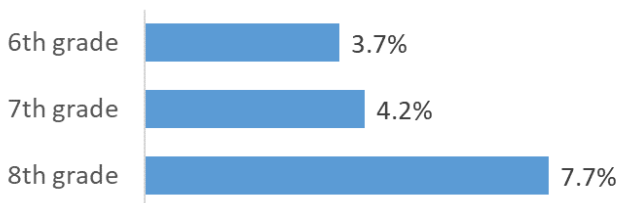
## Cigarettes



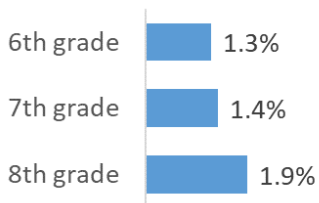
## Vape products



## Marijuana products



## Prescription drugs

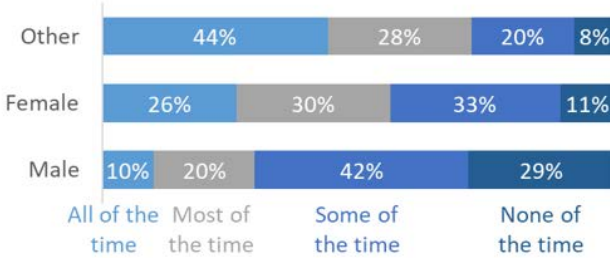


Although there is some variation in 30-day substance use between grade levels, none of the differences is statistically significant

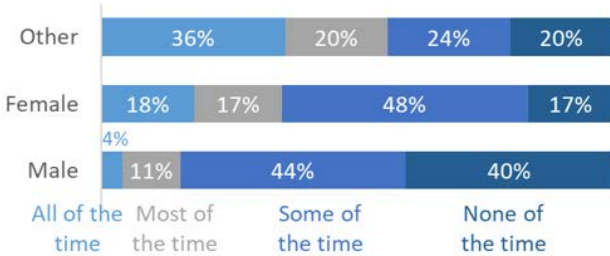
# Mental health by gender

## In the past year...

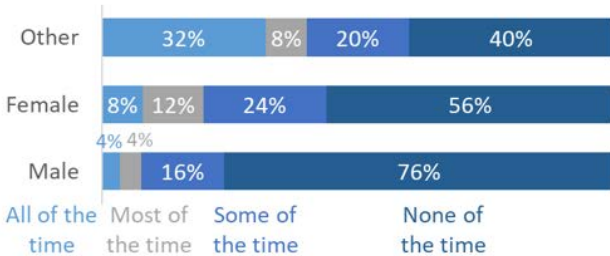
### I have felt anxious or worried



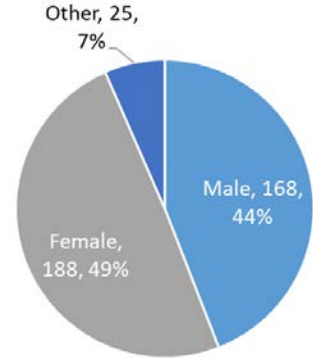
### I have felt sad or hopeless



### I thought about hurting myself

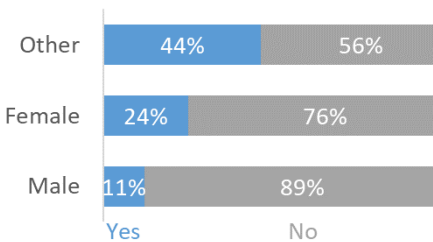


## Reported gender:

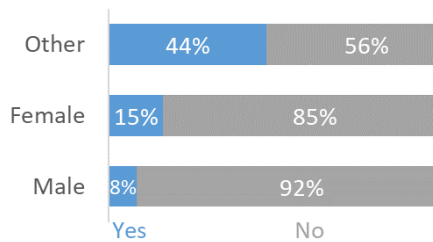


There are significant differences in mental health responses by gender. Males were least likely to report poor mental health and students reporting Other gender were most likely to report poor mental health.

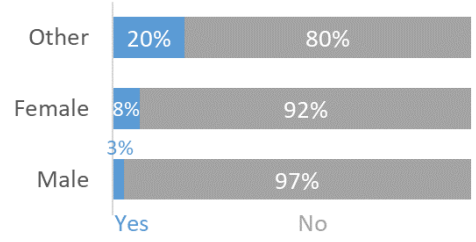
### In the past year, I hurt myself on purpose



### In the past year, I made a suicide plan



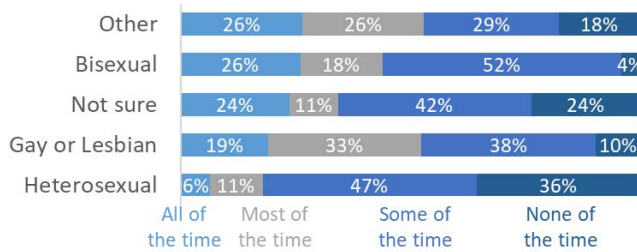
### In the past year, I attempted suicide



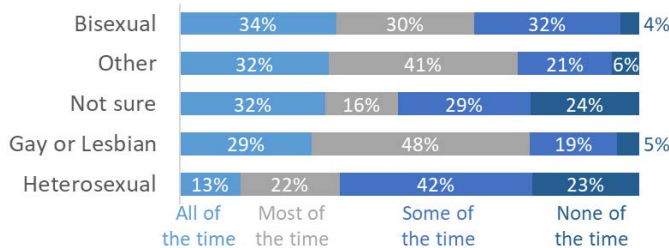
# Mental health by sexual orientation

## In the past year...

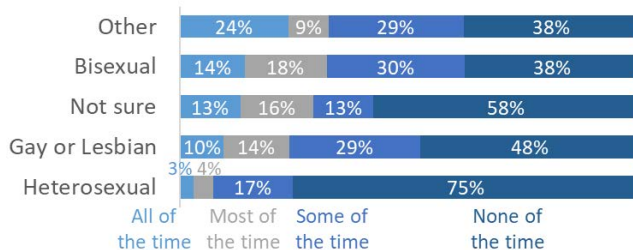
### I have felt anxious or worried



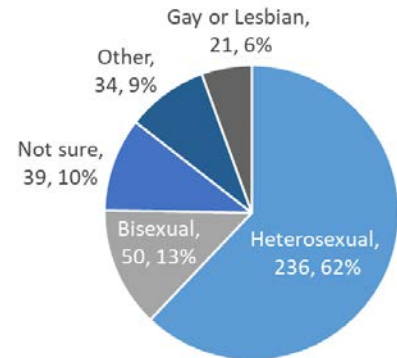
### I have felt sad or hopeless



### I thought about hurting myself

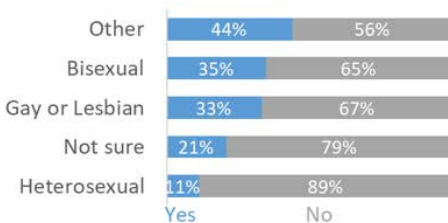


## Reported sexual orientation:

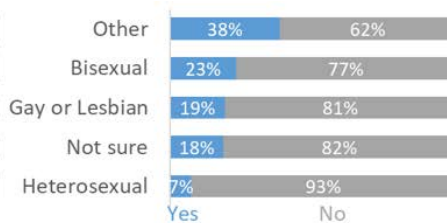


There are significant differences in mental health responses by sexual orientation. Students identifying as heterosexual were less likely to report poor mental health.

### In the past year, I hurt myself on purpose



### In the past year, I made a suicide plan



### In the past year, I attempted suicide

